

CYNTHIA A. HARDING, M.P.H.
Interim Director

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March 17, 2015

The Honorable Board of Supervisors
County of Los Angeles
383 Kenneth Hahn Hall of Administration
500 West Temple Street
Los Angeles, California 90012

Dear Supervisors:

ADOPTED

BOARD OF SUPERVISORS
COUNTY OF LOS ANGELES

19 March 17, 2015

PATRICK O'QUINN
ACTING EXECUTIVE OFFICER

**APPROVAL TO PURCHASE FOOD AND BEVERAGES FOR
A WOMEN'S HEALTH CONFERENCE
(ALL SUPERVISORIAL DISTRICTS) (3 VOTES)**

SUBJECT

Request approval to purchase food and beverages for a women's health conference.

IT IS RECOMMENDED THAT THE BOARD:

Delegate authority to the Interim Director of the Department of Public Health (DPH), or her designee, to purchase food and beverages in an amount not to exceed \$1,750; fully offset by a donation from the Los Angeles County Commission for Women for the women's health conference entitled "Mind, Body, Spirit: Integrating Behavioral and Physical Health." DPH, along with the City of Los Angeles Department of Aging, Los Angeles County Community and Senior Services, Los Angeles County Department of Mental Health, and Partners in Care Foundation will host the conference on April 6, 2015 at The California Endowment.

PURPOSE/JUSTIFICATION OF RECOMMENDED ACTION

Approval of the recommended action will allow DPH to purchase food and beverages for the "Mind, Body, Spirit: Integrating Behavioral and Physical Health" conference which is anticipated to be a four-hour event. A light breakfast that models healthy nutrition will be served to the anticipated 200 participants at the conference. Invited attendees include leaders of nonprofit organizations, community-based organizations, and other Los Angeles County and Los Angeles City agencies.

The goal of the conference is to bring together community leaders to engage in a dialogue about integrated models of health and provide them with tools to take back to their communities. The

conference will address the intersection of health and mental health as we age.

Integrated personal health and behavioral health services are a key component under the Affordable Care Act (ACA). The conference will explore how behavioral health and physical health are intertwined, how Los Angeles County residents can benefit from new ACA provisions, and how organizations can collaborate to improve the health of Angelenos using evidence-based health promotion programs. The focus of the conference will be on low-income and uninsured women in Los Angeles County who often are the head of the household, live longer than men, more often take on the role of caregiver, and suffer from higher rates of depression than men.

Implementation of Strategic Plan Goals

The recommended action supports Goal 3, Integrated Services Delivery, of the County's Strategic Plan.

FISCAL IMPACT/FINANCING

Approval of the recommended action will allow DPH to purchase food and beverages for the "Mind, Body, Spirit: Integrating Behavioral and Physical Health" conference to be held on April 6, 2015, in an amount not to exceed \$1,750; fully offset by a donation from the Los Angeles County Commission for Women that was accepted under the authority granted to DPH under section 2.4.2, Donation Reporting Requirements, of the County Fiscal Manual. There is no net County cost associated with this action.

FACTS AND PROVISIONS/LEGAL REQUIREMENTS

In 2007, DPH's Office of Women's Health convened a Summit to launch a large-scale collaborative initiative to address the health disparities that impact women, especially women of color, low-income women, and other underserved populations. Over 400 women's health leaders attended the Summit. To address the Summit's recommendations, several workgroups were formed, one of them being the "Healthy Aging and Social Determinants of Health" workgroup. This workgroup recommended a series of community dialogues/conferences. This conference, "Mind, Body, Spirit: Integrating Behavioral and Physical Health", is the eighth Healthy-Aging related conference in the series.

This conference will include experts who will provide information to community leaders that will increase awareness of integrative models of health care as well as discuss best practices, and provide resources for collaboration with other organizations and agencies in Los Angeles County.

IMPACT ON CURRENT SERVICES (OR PROJECTS)

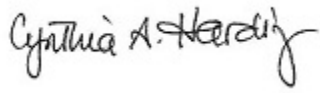
This conference will promote the health and well-being of women and families throughout Los Angeles County.

The Honorable Board of Supervisors

3/17/2015

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Respectfully submitted,

A handwritten signature in cursive script that reads "Cynthia A. Harding".

Cynthia A. Harding, M.P.H.

Interim Director

CAH:vv

#03219

c: Interim Chief Executive Officer
County Counsel
Acting Executive Officer, Board of Supervisors